

SANCTUARY FOR THE SENSES

Amidst an ambience of seclusion and luxury, our award-winning Banyan Tree Spa offers a unique and exquisite haven for busy lives. Drawing on Asian traditions that date back centuries, our intimate retreat blends romance and serenity with exotic sensuality. Feel your senses awaken the moment you enter our Banyan Tree Spa and surrender yourself to the lingering fragrance of flowers and the aroma of essential oils, herbs and spices.

Choose from our wide selection of massage treatments based on evolving techniques that have passed through the hands of many generations. Under the fine and intuitive touch of our professionally trained therapists, feel your sensory pleasures being reawakened as you slowly drift into bliss, completing the experience that defines the Banyan Tree Spa.

SPA PACKAGES



Total Bliss

130-minute

Experience a series of pure indulgent treatments starting with a body scrub for an invigorating exfoliation. Then, relax in a 60-minute holistic massage of your choice to relieve stress and soothes all senses. A head and shoulder massage wraps up this blissful series of spa treats, revitalising the body and mind.

body scrub • body massage • head and shoulder massage

Head In the Clouds

90-minute

Drift to a cloud of contentment with a relaxing head massage to clear your mind and eliminate fatigue. Be in cloud nine when a luxurious shampoo to cleanse your hair, blow dry and style to your preference to suit any occasion to wrap up this heavenly treat.

Indian head massage • shampoo & blow dry

Sole Mate

120-minute

Embrace your feet and give them the attention they deserve. Our therapist uses skilful yet soothing techniques to provide a relaxing foot massage followed by paraffin foot mask to condition dry, cracked heels. Float away with polished feet with a glamorous application of nail lacquer or buff your nails to a high shine to complete this pampering pedi-spa experience.

foot massage • foot paraffin

Back Delight

60-minute

An intensive back therapy begins with a cleansing ritual using warm Yogurt and a purifying salt scrub to effectively rid dead skin while removing excess sebum. Enjoy renewed energy with a tension relief back massage. The therapist employs strong and firm strokes to iron out strain for a healthier and stronger back.

back cleansing • back massage

BODY MASSAGES

The World

90-minute

A carefully designed signature massage aims to soothe body aches and tension while improving circulation. Our therapist employs long flowing strokes, palm and thumb pressure in this 90-minute massage treat using exclusively formulated massage oil to awake all senses.

Thai

90-minute

Embark on a journey and experience this classic ritual dating back 2,500 years. In this oil-free massage, our therapist uses traditional techniques using palming, thumbing on your meridian lines to relieve tense muscles. Delicate stretching will be performed to improve mobility and flexibility, leaving you feeling energised and revitalised.

Balinese

60-minute / 90-minute

Adapted from traditional Balinese technique, this strong and deep massage adopts ancient technique with firm and long kneading strokes, acupressure to promote harmony of mind, body and soul. Healing effects is enhanced with the use of aromatic massage oil.





Ayurvedic 60-minute

Practised for centuries to promote better sense of well-being, this soothing primeval Indian massage also enhance the mobility of joints while inducing a deep sense of comfort and clarity of mind. Sesame Oil is used for its warming and purifying properties.

Scent-sational 60-minute / 90-minute

Created for tired bodies, this soothing aromatic massage is also a perfect remedy for jet lag with the use of long gentle strokes synchronises your body clock, mind and soul. This experience revives your inner vitality.

Synergies 60-minute / 90-minute

A combination of both Thai and Swedish therapeutic massage practices. Our therapist employs strong palm strokes to deliver while stretching you at various points for maximum impact, leaving your body limber and rejuvenated. The properties of essential oils soothes all aches, unblock stiffness while inducing a deep sense of comfort.

Serendipity 60-minute

This gentle massage brings relief to stress and fatigue with a combination of strokes and light percussion. A linen pouch filled with rice and dipped in warm Vitamin E is glided to condition the body while lying on your side. This massage is especially popular among mature guests and mothers-to-be.

Indian Head Massage 45-minute

Based on the ancient healing system of Ayurveda, Indian Head massage helps to relieve mental and physical strain. A firm but gentle technique and acupressure are used to relax, tone facial muscles and nourishing the scalp. It also helps with insomnia, minor headaches, stiff neck and shoulders.

CONCENTRATED MESSAGES

Foot Rest 45-minute

A foot massage to relief your tired soles. The reflex points on the soles of the feet are worked on to rid body toxin, stimulate energy flow and restore harmony to the body's function. You will feel like walking on pillow for the rest of the day!

Leg Rest 60-minute

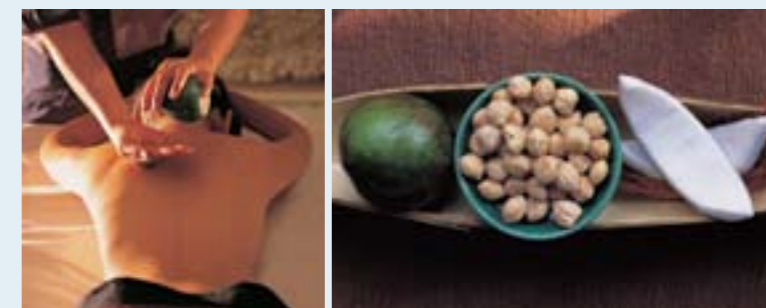
This relaxing therapy concentrates on the reflex points of the sole, feet and legs. Ailments in the form of fatigue, low-energy levels and poor circulation can be relieved by clearing these pathways using pressure point massage.

Back Energy 45-minute

The focus of this back-relieving massage aims to iron out those tired back muscles and strains. The therapist employs medium to strong pressure, using deep strokes to restore the flexibility of a straight and strong back.

Head and Shoulders 45-minute

These two body areas are most strained after any sport activity. The technique focuses on the tight and strained muscles of the neck and shoulders. The therapist uses deep and firm strokes to alleviating stress and muscle tension, a deserving treat to all sport enthusiasts.



BODY SCRUBS

Not available individually

Honey & Oatmeal Lime Aglow

For oily to normal skin

Uncover the natural radiance where the therapist uses an oatmeal-filled muslin pouch, dipped in honey and lime mix to exfoliate your skin. This delightful mix effectively removes deep-seated grime while the nourishing honey and oatmeal keep your skin moisturised. It is the perfect way to glow!

Caramel Rose Polisher

For all skin types

An exquisite skin polisher comprises of rose, golden caramel and yoghurt, are just some of the ingredients in this luxurious concoction. This scrub is suitable for all skin type, helps to remove surface dead skin cells while softening the skin and leave you with supple and silky skin.

Aroma Salt Scrub

For oily skin

Ideal for oily skin, natural sea salt coupled with rosemary, provides a detoxifying and stimulating aromatic scrub. While the mineral-rich salt slough off dead skin, improving body circulation, the properties of rosemary ensures the skin is not stripped dry by the scrub.

Chamomile Cleanser

For dry to normal skin

Chamomile, known for its calming properties is infused with almond and oranges for this balancing body cleanser. The citric-acid of oranges exfoliate the body and refreshes the skin. This gentle cleanser also soothes the mind, body and soul.



FACIALS

Rejuvenating

90-minute

For all skin types

Wake up those sleepy cells beneath the epidermis and capture the natural look of youth. This rejuvenating facial with the regenerative benefits of trace elements, vitamins and proteins, will bring life back into your skin, leaving a fresh and dewy complexion.

Purifying

90-minute

For oily skin

For a matte and oil-free skin, opt for this purifying facial. This effective skincare routine removes every trace of skin impurity and controls sebum production. It restores balance of the skin without over-stripping natural oil. Your skin will thank you for that refreshing feel.





Radiance 90-minute

For all skin types

This high performance facial helps to banish dull and uneven skin tone. It consists of emollient properties to restore skin natural ph and brightens the skin. You will feel your skin firmer and radiates with a healthy glow.

Soleil 90-minute

For sensitive and sun burnt skin

A gentle and calming facial that soothes the skin by delivering moisture locking with the skin and keeping it hydrated. This nourishing skincare routine will go from wilted to wonderful in three easy steps – cleanse, mask and moistures.

Hydro-care 90-minute

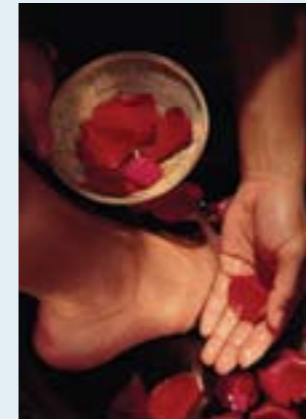
For dry skin to normal skin

An intensive hydrating facial designed to restore skin texture from day-to-day damage and pollutants from the environment. Specially formulated moisture retention mask to minimise fine lines and wrinkles to feed that thirsty skin, the perfect face care to fortifies and protect the skin.

Age-Defying 90-minute

For mature to dry skin

Make time stand still with this anti-aging treatment that mineralises and moistures the skin. The restructuring mask contains vitamins and minerals to combat free radicals and offer maximum protection for a revitalising effect, leaving your glowing skin with refreshed vitality.



HAND & FOOT TREATMENTS

Manicure Essentials 90-minute

This essential hand care keeps your hands and nails in top condition. Starting with nail cleansing, filing, cuticle treatment, trim and shape followed by a conditioning mask comprises of soya and lemon. After a relaxing hand massage, select your favourite OPI nail lacquer or buff your nails to a high shine to wrap up this session.

Pedicure Essentials 90-minute

Give your feet the attention that they deserve with this foot routine. Start with a skin softening foot soak to those neglected soles, followed by meticulous grooming of your feet and toenails with your preferred shade OPI nail lacquer to high shine buff to end this essential foot care.

Hand Paraffin 90-minute

A wonderfully scent sweet vanilla is the paraffin mask to nourish your hands for a smooth and silky hand. After the therapist cleanses, trim and shape to your preference, a soothing hand massage is then followed to promote circulation. Select an OPI nail colour or nail buff perfects the picture.

Foot Paraffin 90-minute

Step into a refreshing foot wash before our therapist pays attention to removing dry skin and calluses. A neat trim and toenail shaping is followed by a pampering foot massage to relief those tired soles. A splendid paraffin foot treat leads a slick finale to this sensual treat.

HAIR TREATMENTS

Shampoo & Blow Dry

Ladies Hair Cut

Men Hair Cut

Hair Treatment

Hair Colouring

Hair Tinting

Hair Perm

WAXING

Bikini Line

Brazilian (Full Bikini)

Underarm

Forearm & Underarm

Half Leg

Full Leg



PLEASE TAKE A MOMENT TO READ THIS

ETIQUETTE

To ensure that guests can enjoy the peaceful sanctuary of Banyan Tree Spa, we respectfully request that all visitors keep noise to a minimum. Cellular phones and electronic devices are discouraged.

GIFT CERTIFICATES

Gift Certificates for our spa treatments are available. Please get more information from our receptionist.

RESERVATIONS

Advanced booking prior to your arrival is recommended to secure your preferred date and time of treatment.

CHECK IN

Please check in at the spa reception at least 15 minutes prior to your scheduled appointment to avoid reduced treatment times.

SPA TREATMENT HOURS

The spa is open from 9am to 8pm; last treatment ends at 8pm.

SPECIAL CONSIDERATION

Guests who have high blood pressure, heart conditions, and allergies, are pregnant or have any other medical complications are advised to consult their doctors before signing up for any spa services. Please inform your spa therapist of any medical condition.

VALUABLES

A box for valuables is provided in the treatment rooms, but we recommend that no jewellery be worn at the spa. The management accepts no responsibility for the loss of money or valuables of any kind brought into the spa premises.

CANCELLATION POLICY

A 24-hour cancellation notice is required to help us reschedule your appointment, subject to space availability. Any cancellation with less than 4 hours' notice will incur a 50% cancellation fee. Full charges will be imposed for a "no-show".

REFUND POLICY

Treatment package and spa memberships are non-refundable, non-transferable and non-exchangeable.

PAYMENT

We accept cash and all major credit cards. All prices are subject to prevailing tax & service charge. Prices are subject to change without prior notice.

For reservations and enquiries, please contact

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